

# Hibiclens Pre-Surgical Skin Wash Instructions

## Preventing Surgical-Site Infections

### The First Shower \_\_\_\_\_

**Two Days Before Surgery:** Take a shower and wash your entire body, including your hair and scalp, in the following manner.

- Wash your hair using normal shampoo. Make sure you rinse the shampoo from your hair and body.
- Wash your face using your regular soap or cleanser.
- Using a fresh clean washcloth and the Hibiclens soap, **wash from your neck down. This is very important.**
- Rinse your body thoroughly. **This is very important.**
- Using a fresh clean towel, dry your body.
- Dress in freshly washed clothes.
- Do not use lotions, powders or creams after this shower.

### The Second Shower \_\_\_\_\_

**The Day Before Surgery:** Take a shower and wash your entire body, including your hair and scalp, in the following manner.

- Wash your hair using normal shampoo. Make sure you rinse the shampoo from your hair and body.
- Wash your face using your regular soap or cleanser.
- Using a fresh clean washcloth and the Hibiclens soap, **wash from your neck down. This is very important.**
- Rinse your body thoroughly. **This is very important.**
- Using a fresh clean towel, dry your body.
- Dress in freshly washed clothes.
- Fresh clean sheets and pillowcases should be used after this shower.
- Do not use lotions, powders or creams after this shower.

### The Final Shower \_\_\_\_\_

**The Day of Surgery:** Repeat the shower in the following manner.

- Wash your hair using normal shampoo. Make sure you rinse the shampoo from your hair and body.  
Wash your face using your regular soap or cleanser.
- Using a fresh clean washcloth and the Hibiclens soap, **wash from the neck down. This is very important.**
- Rinse your body thoroughly. **This is very important.**
- Using a fresh clean towel, dry your body.
- Dress warmly with freshly washed clothes. Keeping warm before surgery decreases your risk of developing an infection.
- Do not use lotions, powders, creams, hair products, makeup or deodorant after this shower.

